# Welcome to 2014 NBC Day Camps at

## The Warehouse

## Rookie BB Day Camp

## Gender of Campers: Male & Female, 6-9 year olds

The information in this packet is **VERY IMPORTANT**, so please read it thoroughly, fill out the enclosed forms and **BRING THEM WITH YOU TO CAMP.** Feel free to call us with any questions at our toll free number – 1+(800) 406-3926 Mon-Fri 9:00am – 4:00pm Pacific Time.

### CHECK-IN AT CAMP

**Date: 7/28/2014**
**Time: 8:30 AM**
**Location: Lobby**
*Be sure to look for signs posted pointing you towards the check-in stations.*

Camp starts promptly with Camper Orientation at 9:00 AM in the gymnasium. You should be wearing appropriate athletic clothing, and have your ball or equipment.

### PARENT ORIENTATION

**Time: 9:00 AM**
**Location: Gymnasium**
Although Parent Orientation is highly encouraged to attend your attendance is not required. During the Parent Orientation the Camp Director will cover important information to know about camp, hand out the daily camp schedule, give out emergency contacts and answer any question you may have.

### LAST DAY OF CAMP

**Date: 7/30/2014**
**Closing Program Time: 11:30 AM**
**Location: Gymnasium**
**Camp End Time: 12:00 PM**

### CAMP HOURS

9:00am - 12:00pm

### QUESTIONS DURING CAMP EMERGENCY PHONE

If you need to contact a camper after normal business hours, call 1-800-406-3926, press zero and then "1" for your call to be forwarded to a person on call. If this is an emergency please call the camp director, Ryan Wiser at 509-879-3667 only during camp dates. All other calls should be directed to the central office during normal business hours.

### MEDICAL RELEASE WAIVER

You must bring the completed Medical Release Waiver form with you to camp. **Campers cannot be admitted without these forms**. If you are attending more than one camp, you must have a release form for each week of camp. Copies are allowed.

### HEALTH AND SAFETY

Health services are provided by Camp Director or certified athletic trainers depending on the size of the camp. Emergencies will always be handled by local hospitals or clinics at the parent's expense. We will provide your insurance information from your

medical release to the facility and you will be notified.

## DROP OFF AND PICK UP AT CAMP

Safety is our number one priority. You may have anyone drop off your camper – just make sure they have their Medical Release Waivers completed and signed. In order for a child to be picked up by someone other than the parent or guardian, a phone call to the director and a written note is needed to release a camper.

## CHECKLIST OF THINGS TO BRING FOR DAY CAMPERS

- ❒ Signed Medical Release Waiver and Concussion Form
- ❒ Athletic Shoes
- ❒ Basketball
- ❒ Athletic Gear
- ❒ Letter Writing Supplies
  *Please bring a pen, pencil, paper, envelope and stamp.*
- ❒ Water Bottle

**Note:** Campers are expected to wear appropriate athletic clothing. No cut-off t-shirts or shorts, No spaghetti strapped tanks, for girls and shirts must be worn over sports bras. If we feel a camper is not dressed like an athlete or too immodestly, we will request he or she change outfits.

## LABEL PERSONAL ITEMS

Don't forget to label every article of clothing, equipment and other items that you bring to camp. Label Daddy peel and stick washable labels are super durable labels for the gear you bring to camp! Design your own labels – pick from many colors, sizes and logos, including MLB and NBA team logos, other sport logos, Disney and Marvel characters and more. Save 10% when you go to **www.labeldaddy.com** and use promo code USSC at checkout. (See attached flyer)

## DO NOT BRING TO CAMP

Tobacco products, alcohol, or non-prescription drugs are prohibited and will result in immediate expulsion from camp without refund or credit. Use of electronic devices such as, CD/DVD players, ipods, or other electronics are prohibited. Cell phones are only to be used during breaks and should be shut off at other times. NBC Camps is not liable or responsible for lost and/or stolen items at camp.

## NBC CAMPS FORMULA FOR SUCCESS

NBC Camps emphasizes the importance of goal setting, gratitude, positive attitude, integrity, leadership and a strong personal faith. Camps are founded on Christian principles including a belief in Jesus Christ. Campers from all faiths attend. Every camper is important, one we value and honor.

## REGISTRATION & CANCELLATION POLICY

Once registered, if you have to cancel for any reason, you will receive a camp credit for all Camp Tuition* payments made, valid through the following summer, for any NBC Camp activity, and transferable to an immediate family member only.

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## CANCELLATION PROTECTION "Our Peace of Mind Policy"

Can be purchased for $35 USD per camp session for most camps.** With cancellation protection purchase, if you cancel by the "balance due" date you will receive a refund of all Camp Tuition* payments made.

*Registration Fee and Cancellation Protection Fee are Non-refundable.

** Cancellation Protection is not available for College Prep Camp. Once you have been accepted to this premier camp and you accept terms all fees become non-refundable.

## BALANCE DUE DATES

- *For camps that start in May or June, final payments are due May 1.*
- *For July Camps, the balance is due June 1.*
- *For August Camps, the balance is due July 1.*

## TO MAKE CHANGES OR ASK QUESTIONS

To make changes to your camp, please contact NBC Camps at (800) 406-3926 or send an email to nbc@nbccamps.com. If you need to cancel this registration please review our cancellation and refund policies above prior to contacting us. It is important that you include your confirmation number(s) whenever you contact us.

**NBC Camps**
**10003 N. Division, Suite 100**
**Spokane, WA 99218**

**Phone: (509) 466-4690**
**Toll Free Phone: (800) 406-3926**
**Fax: (509) 467-6289**
**Email: nbc@nbccamps.com**
**Website: nbccamps.com**

## STAY CONNECTED WITH NBC BASKETBALL CAMPS

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**Follow us on Twitter!**
Twitter.com/nbccamps

**Sample Daily Schedule for The Warehouse Rookie–Day 2**

| | |
|---|---|
| 9:00 AM | Camper Arrival<br>All Camp Meeting and Stretch Warm Up |
| 9:15 AM | Ball Handling 3 Groups (15 Minute Stations)<br>Dribbling, passing, and run court. |
| 10:00 AM | Give and Go, Screen Away, L Cuts |
| 10:45 AM | 9 Keys of shooting, Spinach, Shooting games |
| 11:30 AM | Scrimmage Relays |
| 12:00 PM | Lunch – bring sack lunch |
| 1:15 PM | Ball Handling 3 Groups (15 Minute Stations)<br>Offense 3v3 and 5v5 drills, dribbling |
| 2:00 PM | Rebounding, Passing, Defense (20 minute stations) |
| 2:45 PM | Shooting games |
| 3:30 PM | 5v5 Scrimmage |
| 4:00 PM | Camper Dismissal |