



NIKE LACROSSE CAMPS 2010



Overnight & Day Programs
Located Nationwide

Designed for Players Ages 8-18

1-800-NIKE-CAMP
USSPORTSCAMPS.COM

US SPORTS CAMPS, INC.

Operators of the Nike Sports Camps

At Nike Lacrosse Camps our goal is to stimulate a love for the game by immersing you in the sport and giving you the kind of focused, intensive training essential for improvement. Over the course of camp, your enthusiasm and self-confidence will grow along with your skills.

For additional details on any of our camp locations, please visit our website www.usportscamps.com/lacrosse or call 1-800-NIKE-CAMP (645-3226).



SPECIAL DISCOUNTS AVAILABLE!

Group Discount: If five or more campers register together, as a group by mail or fax, each camper will receive a \$25 discount. Late or individual registrations are not eligible to receive the group discount. All applications must be received at the same time via mail or fax. This discount cannot be applied to any specialty clinic. If all members of your group decide to pay with a Visa or MasterCard, feel free to fax your applications to 415-479-6061 to expedite processing.

Goalie Discount: To ensure each session has enough goalies for drills and scrimmages, all goalies automatically qualify for a special \$50 discount. When registering for camp, please clearly indicate that you are a goalie and mention the \$50 discount. This special goalie discount does not apply to the two day goalie clinic at Sacred Heart University and cannot be combined with any other discount.



CAMP HIGHLIGHTS

- Superior instruction from college coaches, high school coaches and excellent former players from around the country
- 8:1 on-field camper to instructor ratio and 24 hour supervision
- Multilevel ability grouping
- Daily emphasis on position training, fundamental drills, and scrimmaging
- Complete Skills, Varsity Elite & Specialty Programs
- NIKE and STX prizes for sportsmanship, outstanding play and improvement



TYPICAL DAILY SCHEDULE

(ONLY AN EXAMPLE, SCHEDULES VARY AT EACH LOCATION)

- | | |
|-------|---|
| 7:30 | Breakfast (Overnighter) |
| 9:00 | Stretching & Conditioning |
| 9:30 | Line drills and stations |
| 10:30 | Position Work |
| 12:00 | Lunch, rest |
| 1:30 | 1v1, 2v2, Fast Breaks |
| 3:00 | Drills, stations |
| 4:00 | Skill contests |
| 5:00 | Supervised Free time, Dinner |
| 6:30 | Back to field, Games |
| 9:00 | Extended Day Campers depart |
| 10:00 | Overnight Campers to rooms; Lights Out! |



CAMP LOCATIONS FOR BOYS

WEST

CAL STATE MONTEREY BAY - Seaside, CA

- Dates: July 25-28 Ages 9-15
- Prices: \$585 Overnight, \$485 Extended Day
- Director: Mario Enea

THE UNIVERSITY OF SAN DIEGO - San Diego, CA

- Dates: July 15-18 Ages 9-18
- Prices: \$535 Overnight, \$435 Extended Day
- Director: Mario Enea

ROSS VALLEY LACROSSE CAMP - Larkspur, CA

- Dates: June 21-24 Ages 8-14
- Price: \$335 Day (9:00am-3:00pm) No lunch provided
- Directors: David Grose & Christopher Dean

PARK CITY LACROSSE CAMP - Park City, UT

- Dates: August 9-12 Ages 9-18
- Prices: \$285 Day (9:00am-3:00pm) No lunch provided
- Director: Rich Levi

LAKERIDGE HIGH SCHOOL - Lake Oswego, OR

- Dates: June 28-30 Ages 8-16
- Prices: \$185 Day (9:00am-3:00pm) No lunch provided
- Director: Frank Obiesie

CENTRAL

ADRIAN COLLEGE - Adrian, MI

- Dates: July 12-15 Ages 9-18
- Prices: \$425 Overnight, \$325 Extended Day
- Director: Head Coach Brendan Hayes

EAST

CURRY COLLEGE - Milton, MA

- Dates: July 11-16, July 18-23, July 25-30, August 1-6
- Price: \$735 Overnight, \$550 Extended Day, \$450 Day
- Todd Francis (Weeks 1 & 3) and Bill Daye (Weeks 2 & 4)

SACRED HEART UNIVERSITY - Fairfield, CT

- Shooting/Goalie School: July 16-18 Ages 8-18
- Prices: \$315 Overnight, \$215 Extended Day
- Complete Skills Camp: July 18-21 Ages 8-18
- Prices: \$535 Overnight, \$435 Extended Day
- Director: Head Coach Tom Mariano

ADELPHI UNIVERSITY - Garden City, NY

- Dates: July 28-30 Ages 13-18
- Prices: \$325 Overnight, \$205 Day (9:00am-3:00pm)
- Directors: Gordon Purdie & Josh Blumenthal

UNIVERSITY OF MARY WASHINGTON -Fredericksburg, VA

- Dates: July 17-20 Ages 10-18
- Prices: \$525 Overnight, \$425 Extended Day
- Director: Head Coach Kurt Glaeser

CLEMSON UNIVERSITY - Clemson, SC

- Dates: July 11-14 Ages 9-18
- Prices: \$485 Overnight, \$385 Extended Day
- Director: Head Coach Buff Grubb

BERRY COLLEGE - Mt. Berry, GA

- Dates: July 19-22 Ages 9-18
- Price: \$485 Overnight, \$385 Extended Day
- Director: Head Coach Chris Delfausse

DODGERTOWN SPORTS CENTER - Vero Beach, FL

- Dates: July 18-21 Ages 9-18
- Prices: \$535 Overnight, \$435 Extended Day
- Director: Tony Lowe

ROBERT MORRIS UNIVERSITY - Pittsburgh, PA

- Dates: July 25-28 Ages 14-17
- Prices: \$485 Overnight, \$385 Extended Day
- Director: Head Coach Bear Davis

CAMP LOCATIONS FOR GIRLS

WEST

STANFORD UNIVERSITY - Stanford, CA

- High School Elite Camp: July 1-4 Ages 14-18
- Prices: \$595 Overnight, \$495 Extended Day
- Complete Skills Camp: July 5-8 Ages 8-15
- Prices: \$395 Day Camp (9:00am-3:00pm)
- Director: Head Coach Amy Bokker

THE UNIVERSITY OF SAN DIEGO - San Diego, CA

- Dates: July 15-18 Ages 11-18
- Prices: \$535 Overnight, \$435 Extended Day
- Director: Courtney Reidarson

CENTRAL

DENISON UNIVERSITY - Granville, OH

- Dates: July 11-14 Ages 8-18
- Prices: \$465 Overnight, \$365 Extended Day
- Director: Head Coach Stephanie Schmidt

ADRIAN COLLEGE - Adrian, MI

- Varsity Elite Camp: August 6-8 Ages 14-18
- Prices: \$315 Overnight, \$215 Extended Day
- Director: Head Coach John Sung

EAST

SALISBURY UNIVERSITY - Salisbury, MD

- Dates: June 27-July 1 Ages 9-18
- Prices: \$525 Overnight, \$425 Extended Day
- Director: Head Coach Jim Nestor

SAINT VINCENT COLLEGE - Latrobe, PA

- Dates: July 11-15 Ages 8-18
- Price: \$485 Overnight, \$385 Extended Day
- Director: Head Coach Tom Harbert

UNIVERSITY OF MARY WASHINGTON -Fredericksburg, VA

- Dates: July 4-7 Ages 10-18
- Price: \$530 Overnight, \$430 Extended Day
- Director: Head Coach Dana Hall

CEDAR CREST COLLEGE - Allentown, PA

- Dates: July 19-21 Ages 8-17
- Price: \$225 Day (9:00am-3:00pm) No lunch provided
- Director: Lynne Elphick

THE LAWRENCEVILLE SCHOOL - Lawrenceville, NJ

- Dates: July 5-9 Ages 9-16
- Price: \$535 Overnight, \$435 Extended Day
- Director: Head Coach Lisa Ewanchyna

CURRY COLLEGE - Milton, MA

- Dates: June 27-July 2, July 4-9 Ages 9-18
- Price: \$735 Overnight, \$550 Extended Day, \$450 Day
- Directed by Amanda Cahoon

WILLIAMS COLLEGE - Williamstown, MA

- Dates: July 11-15 Ages 9-18
- Prices: \$595 Overnight, \$495 Extended Day
- Directors: Chris Mason & Alix Barrale

NIKE BLUE DOG AT ENDICOTT COLLEGE - Beverly, MA

- Dates: June 24-27 Ages 10-18
- Price: \$535 Overnight, \$435 Extended Day
- Director: Stacey Freda

MCDONOUGH SCHOOL - Owing Mills, MD

- Dates: July 25-28 Ages 8-18
- Price: \$510 Overnight, \$410 Extended Day
- Director: Muffie Bliss & Melissa Miranda Jones

WORCESTER STATE COLLEGE - Worcester, MA

- Dates: July 27-30 Ages 9-18
- Price: \$445 Overnight, \$345 Extended Day
- Director: Lauren Chenevert

IT'S EASY TO ENROLL...

- **Phone** **1-800-NIKE-CAMPS** (645-3226)
- **Fax** 415-479-6061
- **Online** **USSportsCamps.com**
- **Mail** 750 Lindaro Street, Suite 220
San Rafael, CA 94901

PAYMENT TERMS: Payments can be made by Visa/ MasterCard or by personal check (via mail)

\$265 payment – Due at time of registration

- \$250 per session deposit
- \$15 per person non-refundable registration fee

The Camp Tuition balances are due as follows:

- June camps, balance is due on May 1st
- July camps, balance is due on June 1st
- August camps, balance is due on July 1st

CANCELLATION POLICY: Once registered, if you have to cancel for any reason, you will receive a camp "credit" for all Camp Tuition payments made, valid through 2011, for any *Nike Lacrosse Camp* transferable to an immediate family member. In the unlikely event USSC cancels a Nike Lacrosse Camp session, a full refund for camp registration fees will be provided. Camper waives any and all damages that may otherwise arise out of any camp cancellation.

CANCELLATION PROTECTION:

Available for \$35 per camp session. With cancellation protection, cancel by your Camp Tuition "balance due" date (see above) and receive a refund of all Camp Tuition payments less the \$15 registration fee. If you cancel after your Camp Tuition "balance due" date, you will receive a camp "credit" for your paid tuition fees, transferable to an immediate family member and applicable to any US Sports Camp through 2011.



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NIKE LACROSSE CAMPS 2010 APPLICATION

Camper's First Name		Last Name	
Address			
City		State	Zip
Home phone		Work/Cell	
Date of Birth		Male/Female	
Email Address <i>(must be able to accept attachments)</i>			
Position		Beginner/Youth/JV/Varsity	
Camp Location		Session Dates	
<input type="checkbox"/> Overnight		<input type="checkbox"/> Extended Day	
		<input type="checkbox"/> Day	
Roommate Request: _____			
Payment Information:			
Person Paying _____			
Email (if different) _____			
Payment Type: <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Check <input type="checkbox"/> Deposit (+ \$15 Reg Fee) <input type="checkbox"/> Full Payment (+ \$15 Reg Fee)			
Card #		Exp. Date	
<input type="checkbox"/> Please charge remainder on balance due date <input type="checkbox"/> Please add \$35 Cancellation Protection			

By submitting this application to US Sports Camps, Inc, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____
 Make check payable and mail to:
USSC/NIKE LACROSSE CAMPS
 750 Lindaro Street Suite 220 San Rafael, CA 94901
 1-800-645-3226 Fax: 415-479-6061
USSportsCamps.com