

CONTACT FOOTBALL CAMPS

750 Lindaro Street, Ste. 220 - San Rafael, CA 94901
1-800-433-6060 - ContactFootball.com

Contact Football camps



LAKE FOREST COLLEGE
Lake Forest, IL

June 20-24 (All Skills Camp)
June 20 (WR/QB Morning Clinic)

contactfootball.com
800-433-6060



Dear Football Player and Parent:

Entering our 33rd summer in business, Contact Football Camps are known worldwide and have been called the finest instructional football camps in the United States by coaches, Pros and the media. Our coaches are our partners. As such, they have a major stake in providing camps of the highest quality; camps that are fun, that improve the skills of campers, create exposure for college scholarships opportunities and provide the backdrop to make new, lifelong friends. **Named "Top Camp" in Sports Illustrated for Kids, the camp program features FULL CONTACT DRILLS AND SCRIMMAGES.**

Camp Director - Head Coach



Directing the program this summer is **Head Football Coach at Lake Forest College, Jim Catanzaro.** Prior to being appointed Head Coach in 2009, Jim served as the team's defensive coordinator each of the last three seasons.

The 2008 Lake Forest defense had a pair of First Team All-Midwest Conference selections and four others were named honorable mention all-conference. The team ranked tied-fifth in the league in total defense and second in pass defense and red zone defense. Five individual Foresters ranked among the top 20 in the conference in tackles. In addition, Chris Tossing, Jaron Eanes, and Matt Lawler finished among the top five in the MWC in sacks, tackles for loss, and interceptions, respectively.

Sample All Skills Camp Schedule

Day 1 - Check In Day

8:45 a.m. **Clinic Campers Check In Only**
11:00 a.m.-1 p.m. All Skills Camp Check In/Rules/Orientation
2:00 p.m.-10 p.m. Regular Camp Schedule

Days 2-4

7:15 a.m.	Stretch/Run
7:30 a.m.	Breakfast
9:00 a.m.	Practice #1, Offense Emphasis
11:30 a.m.	Lunch, Free Time
2:00 p.m.	Practice #2, Defense Emphasis
4:30 p.m.	Free Time/Dinner
6:45 p.m.	Practice #3, Competition
8:15 p.m.	Evening activities, meetings, speakers
9:00 p.m.	Extended Day Campers Depart
10:00 p.m.	Lights Out

Day 5 - Check Out Day

7:15 a.m.	Stretch/Run
7:30 a.m.	Breakfast/Warm Up/Drill ReCap
9:00 a.m.-12 p.m.	Games and Camp Check Out

OUTSTANDING FACILITIES

Lake Forest College is a coeducational undergraduate institution located just 30 miles north of Chicago in the small city of Lake Forest, Illinois. The beautiful



107-acre campus sits just a few blocks from Lake Michigan and is within walking distance of the train station and the shops, cafes, and restaurants of downtown Lake Forest.

HIGHLIGHTS/EQUIPMENT RENTAL

Campers need a full set of football equipment - helmet, shoulder pads, two jerseys (one light/one dark), pants and pads, football shoes (NO metal-tip cleats), athletic supporter, cup and mouthpiece. For campers without equipment, Contact Football Camp has equipment for rent prior to camp at **\$75 per set (helmet, shoulder pads, pants and pads)** and **\$85 per set if rented on the first day of camp**. Individual pieces of equipment are available at **\$35 per item**.



- Individual Camp ages 8-18
- Low Camper to Staff Ratios
- Grouping by age, weight and ability
- Contact Drills and Scrimmages
- Plus, Contact Football Camp T-shirt and Prizes

SCHEDULE AND FEES

June 20-24 All Skills Camp

Overnight Fee: **\$635**
Extended Day Fee: **\$535 (9:00 a.m.-9:00 p.m.)**
Day Fee: **\$395 (9:00 a.m.-3:00 p.m.)**
QB/WR Clinic Fee (6/20): **\$130 (9:00 a.m.-12:00 p.m.)**

Overnight Campers:

- All meals and housing
- Contact Football Camp T-shirt

Extended Day Campers:

- Lunch and Dinner
- Contact Football Camp T-shirt

Day Campers:

- Lunch
- Contact Football Camp T-shirt

HOW TO REGISTER

We accept registrations at any time, right up to the start of camp

HOW TO REGISTER

Online www.ContactFootball.com
Phone 1-800-433-6060
Fax 415-479-6061
Mail US Sports Camps
750 Lindaro Street, #220, San Rafael, CA 94901

AFTER YOU REGISTER

You will promptly receive a registration confirmation by email. A registration "packet" with detailed information about camp will be emailed after April 1st.

PAYMENT TERMS - (Visa and Master Card only) or personal check (by mail)

\$115 payment - Due at time of registration

\$100 per session deposit
\$15 per person nonrefundable registration fee

Camp Tuition Balances is due on May 1st

CANCELLATION AND REFUND POLICY

If you have to cancel, for any reason, we will issue you a camp credit for all camp fees paid, valid through the following camp summer. Your camp credit is transferable to any family member and may be used in the sport that you are initially registered in. Cash refunds will be given only with the purchase of Cancellation Protection (see terms below).

Campers who leave camp during their session will receive a pro-rated camp credit, valid through the following summer. Campers who do not check-in or attend their registered camp session will receive a camp credit for all camp fees paid, valid through the following summer (does not include NBC camps) with the same rules as previously stated.

In the unlikely event US Sports Camps cancels your camp session, we will refund only your camp registration fees. Camper waives any and all damages that may otherwise arise out of any camp cancellation and agrees to accept as liquidated damages said registration fees.

CANCELLATION PROTECTION

US Sports Camps offers our camp families Cancellation Protection for \$35 per session, due at the time of registration. Cancellation Protection entitles you to a full refund of your camp tuition fees paid to date.

(Please note: \$35 Cancellation Protection and \$15 Registration fees are nonrefundable.) if you cancel for any reason before **your final payment date** (the first day of the month prior to the month your camp begins, i.e. final pay date of May 1st for any camp beginning in the month of June).

With Cancellation Protection, **if you cancel after your final payment due date**, we will issue you a camp credit for all camp fees paid, valid through the following summer. Your camp credit is transferable to any family member and may be used for any US Sports Camp.



Official Sponsor

CONTACT FOOTBALL CAMPS, LLC LAKE FOREST COLLEGE APPLICATION (FBXROW)

Student's Name		
First	Last	
_____ (Address)		
Street		
_____ City		
State	Zip	
_____ Telephone		
Email		
_____ Date of Birth		
Age	Position	
_____ Camp Type:		
<input type="checkbox"/> Overnight Camp		
<input type="checkbox"/> Extended Day		
<input type="checkbox"/> Day Camp		
<input type="checkbox"/> Clinic - June 20 (9 a.m.-12 p.m.)		

How did you hear about this program? _____

Payment Information

Person Paying _____
Address (if different) _____
Method of Payment: Visa Mastercard Check

Deposit & Registration Fee (\$115)
 Full Payment & \$15 Registration Fee

Card # _____
Exp. Date _____

Please add \$35 for Cancellation Protection
 Please Charge the remainder on May 1, 2010

Full Set of Equipment (\$75) Half Set of Equipment (\$35)

By submitting this application to US Sports Camps, Inc, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure/ Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____
Make check payable and mail to:
Contact Football Camps, LLC
750 Lindaro Street, Ste. 220, San Rafael, California 94901
1-800-433-6060 Fax: 415-479-6061
CONTACTFOOTBALL.COM