

NIKE LACROSSE CAMPS

750 Lindero Street, Suite 220 - San Rafael, CA 94901
1-800-NIKE CAMP - USSportsCamps.com



NIKE LACROSSE CAMP 2010

ENDICOTT COLLEGE
Beverly, MA

**COMPLETE SKILLS CAMP
DESIGNED FOR GIRLS AGES 9-18**

CAMP DATES: JUNE 24-27

US SPORTS CAMPS INC.
Operators of the Nike Sports Camps



USSC proudly presents the *Nike Blue Dog Lacrosse Camp*, a three night/four day complete skills program designed for girls ages 9-18. Our goal is to stimulate a love for the game of lacrosse by immersing you in the sport and giving you the kind of focused, intensive training essential to improvement. Over the course of camp, your enthusiasm and self-confidence will grow along with your skills.



CAMP DIRECTOR

Directing the camp is **Stacey Freda**, Framingham High School's Head Lacrosse Coach. In 9 seasons as head coach, Freda has compiled an overall record of 133-21-9. Her team has won six consecutive Bay State Carey League Titles as well as six consecutive Division 1 North Section Championships. Freda guided her team to consecutive 25-0 undefeated campaigns and were back to back Division I State Champions in 2006 and 2007. Freda was named the Boston Globe and Metro West Daily News "Coach of the Year" in 2003.

In addition, Stacey is a member of the Pinkerton Academy and Plymouth State College Athletic Hall of Fame. She also serves as Assistant Camp Director for the Nike Blue Dog Field Hockey Camp



CAMP SETTING



Endicott College, a scenic campus located on the coast just north of Boston, is the perfect setting for the Nike Blue Dog Lacrosse Camp. This location provides excellent facilities and the perfect environment for campers to further develop their skills and love of the game.

CAMP HIGHLIGHTS

- Complete Skills Camp for girls ages 9-18
- Superior instruction from excellent coaches
- 8:1 camper to instructor on field ratio
- Daily emphasis on fundamentals, positional training, drills and scrimmages
- Special goalie programs
- Reversible mesh Nike practice jersey
- Nike and STX Prizes for outstanding play, sportsmanship and improvement

TYPICAL DAILY SCHEDULE

(DOES NOT APPLY TO FIRST OR LAST DAY)

- 7:30 Breakfast (Overnight campers only)
- 9:00 Ext. Day campers arrive/Stretch
- 9:15 Instructional stations
- 10:30 Lecture
- 11:00 Team concepts
- 12:00 Lunch, rest
- 1:00 Team practice
- 2:00 Lacrosse games
- 3:00 Drills, stations
- 4:00 Skill contests
- 5:00 Free time
- 5:30 Dinner
- 6:30 Back to field, team games
- 9:00 Extended Day campers depart
- 10:00 Overnight campers to rooms; Lights out!



CAMP DATES & PRICES

JUNE 24 - 27, 2010

Overnight Camp: \$535

Extended Day Camp: \$435

Camp starts Thursday afternoon and ends Sunday afternoon. Overnight camp includes the instructional program, all meals and housing. Extended Day Camp runs from 9:00am-9:00pm and includes the instructional program, lunch and dinner.

Group Discounts Available!

5 or More = \$25 off per camper

All applications and payments must be mailed or faxed in together, as a group, to receive the group discount.

IT'S EASY TO ENROLL...

- **Phone** 1-800-NIKE CAMPS (1-800-645-3226)
- **Fax** 415-479-6061
- **Online** USSportsCamps.com

PAYMENT TERMS: Payments can be made by Visa/MasterCard or by personal check (via mail)

\$265 payment – Due at time of registration

- \$250 per session deposit
- \$15 per person non-refundable registration fee

The Camp Tuition balances are due as follows:

- For camps with June start dates, balance is due on May 1st

CANCELLATION POLICY: Once registered, if you have to cancel for any reason, you will receive a camp "credit" for all Camp Tuition payments made, valid through 2011, for any Nike Lacrosse Camp transferable to an immediate family member. In the unlikely event USSC cancels a Nike Lacrosse Camp session, a full refund for camp registration fees will be provided. Camper waives any and all damages that may otherwise arise out of any camp cancellation.

CANCELLATION PROTECTION:

Available for \$35 per camp session. With cancellation protection, cancel by your Camp Tuition "balance due" date (see above) and receive a refund of all Camp Tuition payments less the \$15 registration fee. If you cancel after your Camp Tuition "balance due" date, you will receive a camp "credit" for your paid tuition fees, transferable to an immediate family member and applicable to any US Sports Camp through 2011.

NIKE BLUE DOG LACROSSE CAMP Endicott College (LXGREC)

Camper's First Name _____ Last _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work/Cell _____

Date of Birth _____ Position _____

Email (must be able to accept attachments) _____

Name of Team _____ Beginner/Youth/JV/Varsity _____

JUNE 24 - 27 Overnight Extended Day

Roommate Request _____

Payment Information

Person Paying _____

Email (if different) _____

Method of Payment: Visa Mastercard Check
 Deposit & Registration Fee (\$265)
 Full Payment (+\$15 Registration Fee)

Card # _____

Exp. Date _____ Please add \$35 for Cancellation Protection
 Please Charge the remainder on May 1st

By submitting this application to US Sports Camps, Inc, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____

Make check payable and mail to:
USSC/NIKE Lacrosse Camps
750 Lindaro St., Suite 220, San Rafael, CA 94901
Toll Free: 1-800-645-3226 Fax: 415-479-6061
USSportsCamps.com