

USSC/NIKE LACROSSE CAMPS

750 Lindaro Street, Suite 220 -San Rafael, CA 94901
1-800-NIKE CAMP - USSportsCamps.com



NIKE LACROSSE CAMP 2010

**SAINT VINCENT COLLEGE
LATROBE, PA**

**COMPLETE SKILLS CAMP
DESIGNED FOR GIRLS AGES 9-18**

CAMP DATES: JULY 11-15



US SPORTS CAMPS, INC.
Operators of the Nike Sports Camps



USSC proudly presents the Nike Girls Lacrosse Camp at Saint Vincent College. Our goal is to stimulate a love for the game of lacrosse by immersing you in the sport and giving you the kind of focused, intensive training essential to improvement. Over the course of camp, your enthusiasm and self-confidence will grow along with your skills.

CAMP DIRECTOR



Coach Harbert is a Pittsburgh area lacrosse legend with over 38 years on the college athletic faculty at Saint Vincent and was voted into the Pennsylvania Sports Hall of Fame in 2008. Tom has coached the wrestling, cross-country, and lacrosse teams at Saint Vincent College

for 34 years. His student/athletes have participated in various athletic national championships and won numerous Saint Vincent and National academic awards. Harbert was a PA State Wrestling Champion at Shippensburg University and attended the Olympic Trials. He has been awarded the NAIA 'District Coach of the Year' and the 'Letterman of Distinction Award.' While at Saint Vincent he has brought the men's lacrosse team from a club team to a varsity sports program. He has worked with the Japanese Lacrosse Association, coached the North Team in the Allegheny Lacrosse League's All-Star game four times, served as the League's commissioner, and started the Latrobe Summer Lacrosse program. He is also responsible for establishing Saint Vincent College's first women's lacrosse team, entering his 8th year at the helm of the women's squad. Players from his teams have made the D-II Senior All-Star games as well as being selected for the NCAA D-III All-West teams. His lacrosse teams have earned runners-up tournament awards and several team sportswomen awards including the YWCA Sportswomen's Award in 2001. Coach Harbert is currently active on the US Lacrosse Coaches Council and ECAC Games Committee and will be inducted into the National Wrestling Hall of Fame this year. The camp features top colleges coaches as well as players that will offer you an unforgettable camp experience at Saint Vincent College this summer!!

CAMP SETTING



Located just 35 miles from Pittsburgh, PA, *Saint Vincent College*, is hosting its fifth NIKE Girls Lacrosse Camp this summer. Saint Vincent College is the training camp home of the Pittsburgh Steelers.

CAMP HIGHLIGHTS

- Superior instruction from NCAA Div I, II, III Coaches
- 8:1 camper to instructor ratio
- Daily emphasis on fundamentals, positional training, drills and scrimmages
- Special goalie programs
- Reversible mesh Nike practice jersey
- Nike and STX Prizes for outstanding play, sportsmanship, improvement

TYPICAL DAILY SCHEDULE

(DOES NOT APPLY TO FIRST OR LAST DAY)

- 7:30 Breakfast (Overnight campers only)
- 9:00 Ext. Day campers arrive/Stretch
- 9:15 Instructional stations
- 10:30 Lecture
- 11:00 Team concepts
- 12:00 Lunch, rest
- 1:00 Team practice
- 2:00 Lacrosse games
- 3:00 Drills, stations
- 4:00 Skill contests
- 5:00 Free time
- 5:30 Dinner
- 6:30 Back to field, team games
- 9:00 Extended Day campers depart
- 10:00 Overnight campers to rooms; Lights out!



CAMP DATES & PRICES

JULY 11-15, 2010

Overnight Camp: \$485

Extended Day Camp: \$385 (9:00am-9:00pm)

Camp starts Sunday afternoon and ends Thursday afternoon. The Overnight Fee includes the instructional program, all meals and housing. The Extended Day Fee includes the instructional program, lunch and dinner.

Group Discounts Available!

5 or More = \$25 off per camper

All applications and payments must be mailed or faxed in together, as a group, to receive the group discount.

IT'S EASY TO ENROLL...

- **Phone** 1-800-NIKE CAMPS (1-800-645-3226)
- **Fax** 415-479-6061
- **Online** USSportsCamps.com

PAYMENT TERMS: Payments can be made by Visa/MasterCard or by personal check (via mail)

\$265 payment – Due at time of registration

- \$250 per session deposit
- \$15 per person non-refundable registration fee

The Camp Tuition balances are due as follows:

- For camps with July start dates, balance is due on June 1st

CANCELLATION POLICY: Once registered, if you have to cancel for any reason, you will receive a camp "credit" for all Camp Tuition payments made, valid through 2011, for any *Nike Lacrosse Camp* transferable to an immediate family member. In the unlikely event USSC cancels a Nike Lacrosse Camp session, a full refund for camp registration fees will be provided. Camper waives any and all damages that may otherwise arise out of any camp cancellation.

CANCELLATION PROTECTION:

Available for \$35 per camp session. With cancellation protection, cancel by your Camp Tuition "balance due" date (see above) and receive a refund of all Camp Tuition payments less the \$15 registration fee. If you cancel after your Camp Tuition "balance due" date, you will receive a camp "credit" for your paid tuition fees, transferable to an immediate family member and applicable to any US Sports Camp through 2011.

NIKE LACROSSE CAMP APPLICATION SAINT VINCENT COLLEGE (LXGRSC)

Camper's First Name _____ Last _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work/Cell _____

Date of Birth _____ Position _____

Email (must be able to accept attachments) _____

Name of Team _____ Beginner/Youth/JV/Varsity _____

JULY 11 - 15 Overnight Extended Day Day

Roommate Request (2 campers per room) _____

Payment Information

Person Paying _____

Address (if different) _____

Method of Payment: Visa Mastercard Check
 Deposit & Registration Fee (\$265)
 Full Payment (+\$15 Reg Fee)

Card # _____

Exp. Date _____ Please add \$35 for Cancellation Protection
 Please Charge the remainder on June 1st

By submitting this application to US Sports Camps, Inc, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature _____

Make check payable and mail to:
USSC/NIKE Lacrosse Camps
750 Lindaro St., Suite 220 - San Rafael, CA 94901
1-800-645-3226 Fax: 415-479-6061
USSportsCamps.com



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