

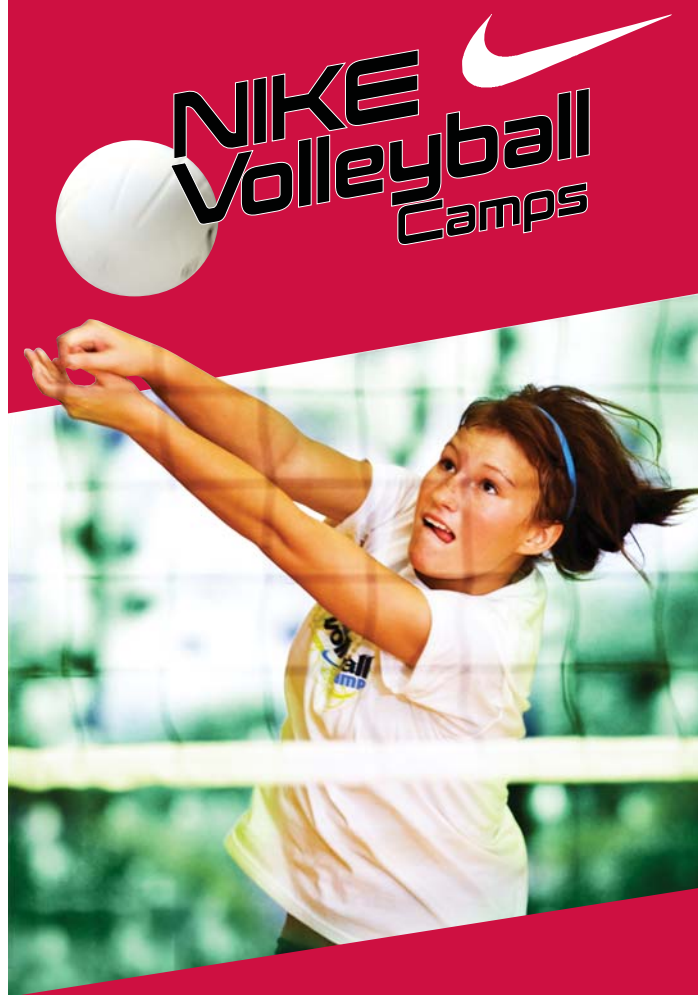


NIKE Volleyball Camps

750 Lindero Street, Suite 220, San Rafael, CA 94901
1-800-NIKE CAMP - USSportsCamps.com



Official Sponsor



Volleyball Institute of Plano Plano, Texas

*This facility is formally the
Summit North Athletic Complex*

Co-Ed Day Camp
9:00am-3:00pm
All Ability Levels Welcome

WHAT TO EXPECT

Our goal is to stimulate a love for the game in young athletes by showing them how to accelerate their own progress and success. We promise you will leave camp with renewed energy, enthusiasm for the sport and improved self-confidence, all keys to your growth as a player. And if you are like any of the other NIKE campers who've come before you, you'll have a ball!



CAMP HIGHLIGHTS

- Six hours of daily instruction
- Instructor: Camper ratio - 1:10
- All Skills instruction
- Players grouped by age & ability
- Skill development/team play/tournaments
- Personal evaluation
- *NIKE Volleyball T-shirt*

CAMP DIRECTOR



Erin Carlisle currently assistant coaches with Frisco Centennial HS and Dallas Premier Volleyball Club teams. She previously served as head coach at Garland HS and assistant coach at the Greenhill School. She was a student assistant at the University of Tulsa where she was also a two-year starter.

CAMP INFORMATION



The newly named **Volleyball Institute of Plano** (formally Summit North Athletic Complex) is located off of 10th Street, just west of Jupiter road in Plano. It is located South of 14th street and North of Plano Pkwy., just a few blocks north of the George Bush Turnpike (190).

The **All Skills** program is open to boys and girls of all ability levels, ages 10-18. Here you'll master the volleyball fundamentals, develop proper mechanics, and gain valuable game play experience.

This is a day camp program only. Campers will participate from 9am-3pm daily. **Lunch is not provided**, please bring food with you.

Volleyballs may be purchased when you register for camp for an additional \$10. If you choose not to purchase one from camp in advance, we will provide a volleyball for you to use during your session.



SAMPLE DAILY SCHEDULE

Morning

- 9:00 Stretching/conditioning
- 9:15 Practice: pass/set/hit drills
- 10:30 Defense and serving drills

Afternoon

- 12:00 Lunch, rest, watch video
- 1:15 Hitting demonstration
- 1:45 Position work: middle/outside/setter
- 2:15 Transition drills

CAMP DATES AND FEES

June 22-25, 2009
All Skills Camp
Day (9am-3pm): \$305

IT'S EASY TO ENROLL

- **Phone** 1-800-NIKE CAMPS (1-800-645-3226)
- **Fax** 415-479-6061
- **On-line** **USSportsCamps.com**
- **Mail** 750 Lindaro Street, Suite 220
San Rafael, CA 94903

AFTER YOU REGISTER You will receive from us a prompt registration confirmation by email which validates the camp location and session you are enrolled in. A registration "packet" containing more information about your camp will be emailed to you. Packets are usually available after April 1st.

PAYMENT TERMS: Payments may be made with MasterCard, VISA or personal check(check by mail only)

Campers who register BEFORE May 15th pay:

- **\$265 payment**
 - \$250 deposit + \$15 non-refundable registration fee (one time fee per camper, this fee covers all camp sessions)
 - Balance of tuition is due by Wednesday, May 20th.

Campers who register AFTER May 15th pay:

- **Full payment**
 - Full camp tuition + \$15 non-refundable registration fee (one time fee per camper, this fee covers all camp sessions)

CANCELLATION POLICY - once registered, if you have to cancel (for any reason) You receive a credit for all Camp Tuition payments (deposit & final payment). Your credit is valid through 2010, for any US Sports Camp, any sport. This credit is transferable to any family member or friend.

REFUND PROTECTION (RP) can be purchased for \$25 per session enrolled. With RP, cancel by May 15, receive a refund of all Camp Tuition fees paid. Cancel after May 15, receive a credit (with the same credit terms as above)

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NIKE Volleyball Camps
APPLICATION

VOGDSP

CAMPER NAME: _____

MAILING ADDRESS: _____

HOME PHONE #: () _____

EMERGENCY PHONE #: () _____

EMAIL ADDRESS: _____

DATE OF BIRTH: _____ AGE: _____

GENDER: Female Male

CAMP SESSION: June 22-25, 2009

PURCHASE VOLLEYBALL: YES! Add \$10

Payment Information:

PERSON PAYING: _____

ADDRESS (if different): _____

PAYMENT TYPE:

- \$250 Deposit + \$15 Registration Fee
- Full Payment + \$15 Registration Fee

PAYMENT METHOD:

- Visa
- MasterCard
- Check Enclosed

CREDIT CARD #: _____

Exp. Date (month/year): _____ / _____

Please add \$25 for Refund Protection

Please Charge the remainder on May 20, 2009

By submitting this application to US Sports Camps, Inc, I affirm that I have read and agree to the US Sports cancellation policy and hereby accept the terms of enrollment described in this brochure. Furthermore, I agree to pay all camp fees and authorize US Sports Camps to charge my credit card (if applicable).

Signature: _____

Make check payable and mail to:
US Sports Camps
750 Lindaro Street, Suite 220
San Rafael, CA 94901
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USSportsCamps.com