

NIKE 
TENNIS
C A M P S



NIKE TENNIS CAMPS

SERIOUS. FUN.

NIKE TENNIS CAMPS 2015

A GOOD TENNIS GAME IS A FRIEND FOR LIFE!

“My son had a WONDERFUL
time at camp! I know that
Nike Camp will be a part of
his life for years to come!”

Having played this great game my entire life,
I can tell you that being a tennis player will
make you a healthier, happier person!

Since 1975, our camps have helped hundreds
of thousands of players fall in love with tennis
and discover their game while making lasting
friendships. As the most distinguished tennis
camps in the world, Nike Tennis Camps will give
you better skills and provide enough coaching
and instruction to last a lifetime. And we never
forget that you are at camp to have fun!

*Come to a Nike Tennis Camp this summer and
get the best tennis experience of your life!*



Charlie Hoeveler,
founder US Sports Camps,
holds 44 USTA National titles

AT A GLANCE

- Over 80 locations nationwide at some of America's finest facilities
- Overnight and Day camp options for both juniors and adults
- Directed by nationally recognized college coaches and teaching professionals
- Skill level specific programs including High School, Tournament Training, 10 & Under Tennis
- Fun, off-court activities in addition to tennis
- Tennis & Language programs offered for international campers

For more information or to register:

Call **1-800 Nike Camp** (800-645-3226)

Visit www.USSportsCamps.com



WHAT DEFINES NIKE TENNIS CAMPS?



OUR MISSION

Nike Junior Tennis Camps offer young players the chance to immerse themselves in tennis for a week of serious fun! Our goal is to enhance their skills and enjoyment of the game in an energetic and positive environment. Our coaches are dedicated to addressing each player's needs, so that campers can increase their self-confidence, gain self reliance, develop new skills and make friends... this experience lasts a lifetime!

PRESTIGIOUS COACHES & LOCATIONS

With nationally recognized coaches and professionals directing our camps at some of the most prestigious colleges and tennis clubs in America, we strive to be the best in all areas. Our directors take enormous pride in the quality of the camps and personally hire and train their camp staff to ensure that all programs are of the highest caliber.

INSTRUCTION FOR ALL SKILL LEVELS

Campers are evaluated and grouped by age and ability so that their own instructional needs can be addressed throughout the week. Our teaching approach, geared towards beginner through advanced/ranked players, uses a combination of drills, games and match play in a spirited team format. In addition to fundamentals, we teach strategy, sportsmanship, mental toughness, tournament play and goal setting. If a camper has been working with a coach at home, we build on that foundation rather than introduce major changes.

LOW STAFF/STUDENT RATIO

In order to ensure that each camper receives ample attention on the courts, our camps make sure to have 1 staff member for every 5 campers during tennis instruction.

FUN, OFF-COURT ACTIVITIES

We offer a variety of fun, social activities including movies, swimming, field games, talent shows, barbecues, camp dances, and trips to local beaches, lakes and other nearby recreational areas. Some camps may collect an additional fee to cover off-campus activities. Every session ends with a graduation and awards ceremony to which friends and family are invited. Each camper will go home with a Nike Tennis Camp t-shirt and other prizes.



SAFETY FIRST

Nike Tennis Camps has an unparalleled record of camper safety and security. Campers are supervised at all times during the day and the staff lives in the dormitories with the overnight campers and participates in evening activities. Drugs, alcohol and smoking are strictly prohibited and constitute grounds for immediate dismissal from camp. Parents receive no refund. Nike Tennis Camp staff cannot transport campers to or from the airport, bus depots or train stations, but we are happy to assist parents in arranging for smooth and safe travel.

A VARIETY OF JUNIOR CAMP OPTIONS!

Nike Junior Overnight Camps provide young tennis players with the tools to enjoy this great game for a lifetime. Our curriculum is the perfect blend of expert instruction, supervised match play, and fun off-court activities.



OVERNIGHT & DAY CAMPS:

OVERNIGHT CAMP PROGRAM

Sunday-Friday | Check in Sunday afternoon. Check out Friday at noon. | Co-ed | Ages 9-18 | Includes tennis program, all meals, housing and evening activities

WEEKEND STAYOVERS

Overnight campers seeking a multi-week camp experience may combine individual camp sessions with a weekend “stay over.” Availability and pricing varies by location and includes weekend activities, housing, meals, and supervision.

EXTENDED DAY CAMP PROGRAM

Sunday-Friday | Daily Hours: 8:30am-9:00pm | Check in Sunday afternoon. Check out Friday at noon. | Co-ed Ages 9-18 | Includes tennis program, lunch, dinner, and evening activities

DAY CAMP PROGRAM

Monday-Friday | Daily Hours: 8:30am-4:00pm | Check in Monday morning. Check out Friday at noon. | Co-ed Ages 7-18 | Includes tennis program and lunch, unless otherwise specified

Nike Junior Day Tennis Camps offer the same great instruction and match play as our Overnight Camps, but allows campers to return home in the evenings.

DAY ONLY CAMPS:

DAY CAMP PROGRAM

Monday-Friday | Daily Hours: 8:30am-4:00pm | Check in 30 min before first session. Check out immediately after last session. | Co-ed Ages 7-18 | Includes tennis program and lunch, unless otherwise specified

HALF DAY CAMP PROGRAM

Monday-Friday | Daily Hours: 9:00am-12:00pm/1:00-4:00pm | Check in 30 min before first session. Check out immediately after last session. | Co-ed | Ages 5-18 | Includes tennis program

Session length, daily hours and availability of these program options vary by site. Visit USSportsCamps.com for specifics on each location.

SAMPLE JUNIOR CAMP DAILY SCHEDULE:

7:45am Breakfast for Overnight Campers

8:30am Extended Day, Day & Half Day Campers arrive

8:30am Warm up/stretching

8:45am Tennis instruction & drills

10:00am Break

10:15am Tennis instruction & drills

11:30am Half Day Campers depart

11:45am Lunch, rest, optional tennis

1:15pm Tennis program, match play

2:45pm Break

3:00pm Tennis program, doubles and drills

4:00pm Day Campers depart

4:00pm Group/private extra help, optional swimming

5:00pm Rest, shower, dinner

7:15pm Camp evening activity

9:00pm Extended Day Campers depart

10:15pm Lights out for Overnight Campers

Daily schedules, hours and evening activities vary by location. Visit USSportsCamps.com for specifics on each location.

“My son’s time at camp is always the HIGHLIGHT of his summer!”



JUNIOR PROGRAMS FOR EVERY SKILL LEVEL!

"My daughter had the BEST TIME at the Nike Tennis Camp. She came back a stronger player physically and mentally!"



All camps are geared towards all ability levels unless otherwise specified. Campers are evaluated and grouped according to both age and ability. All camps are open to any and all registrants, limited only by age and number of campers. *Program offerings vary by location. Visit USSportsCamps.com for specifics on each location.*

ALL SKILL LEVELS (AGES 9-18)

Geared towards all ability levels. Includes concentrated work to develop the proper fundamentals and a mix of drilling and match play.

TOURNAMENT TRAINING (AGES 9-18)

Geared towards (USTA) tournament level and ranked players looking to improve tournament results, learn winning strategies and increase mental toughness. Includes additional focus on match play, strategy, conditioning and tournament preparation.

HIGH SCHOOL (AGES 13-18)

Geared towards high school players (and incoming freshmen) with aspirations of making the high school team, moving up the ladder or improving tournament results. Includes additional focus on match play, strategy and conditioning. Similar to Tournament Training sessions, but limited to ages 13-18 only and does not presume that all players participate in (USTA) tournaments.

10 & UNDER TENNIS (AGES 5-10)

This is an exciting new way kids 10 and under are learning to play tennis as well as compete. The courts are smaller and balls are low-compression so they are easier to hit, allowing kids to get to the ball and develop optimal swing patterns. Note: This program is optional and younger campers may opt to play regular tennis on the full courts.

TENNIS & LANGUAGE PROGRAMS

Nike Tennis Camps and ELS, a leading provider of English Language programs in the U.S., are pleased to offer Nike Tennis + Language Camps for international campers at several locations. With multi-week options, fun weekend excursions, the option to add English classes (at select locations), and the chance to train alongside new American friends at great U.S. colleges, there has never been a better time to experience our camps. Visit USSportsCamps.com/International/Nike

LOCATIONS ACROSS THE US!

OVERNIGHT & DAY CAMPS:

- AL University of Alabama (Tuscaloosa)
- AZ University of Arizona (Tucson)
- CA Stanford University (Palo Alto)**
- CA Pepperdine University (Malibu)**
- CA University of California, Santa Cruz (Santa Cruz)+
- CA Granlibakken Resort (Tahoe City)+
- CA University of San Diego (San Diego)**
- CA University of California, Santa Barbara (Santa Barbara)
- CA Soka University (Aliso Viejo)+
- CO Fountain Valley School (Colorado Springs)
- CT Sacred Heart University (Fairfield)
- FL Rollins College (Winter Park)**
- FL University of West Florida (Pensacola)
- FL Ocean Reef Club (Key Largo)+
- FL Florida Gulf Coast University (Ft. Myers)
- FL Florida International University, Miami, FL**
- GA Emory University (Atlanta)
- IL University of Illinois (Champaign)
- IN Purdue University (West Lafayette)
- IN Butler University (Indianapolis)
- LA Southeastern Louisiana University (Hammond)
- MA Amherst College (Amherst)+
- MA Curry College (Milton)**
- MA Williams College (Williamstown)
- MD Salisbury University (Salisbury)+
- MI Michigan State University (East Lansing)
- MI Kalamazoo College (Kalamazoo)
- MN University of Minnesota (Minneapolis)
- MS University of Southern Mississippi (Hattiesburg)

- NC Duke University (Durham)
- NC Wake Forest University (Winston Salem)
- NJ Lawrenceville School (Lawrenceville)*+
- NY Colgate University (Hamilton)
- OH Denison University (Granville)
- OH Xavier University (Cincinnati)
- OK University of Oklahoma (Norman)
- OR Oregon State University (Corvallis)
- PA Elizabethtown College (Elizabethtown)
- PA Chestnut Hill College (Philadelphia)
- SC Furman University (Greenville)+
- SC College of Charleston (Charleston)
- TN Lipscomb University (Nashville)
- TX University of North Texas (Denton)
- UT Utah State University (Logan)
- VA University of Virginia (Charlottesville)+
- VA College of William & Mary (Williamsburg)
- VA Wintergreen Resort (Wintergreen)
- WA Gonzaga University (Spokane)
- WI Carthage College (Kenosha)+
- WI Wayland Academy (Beaver Dam)+

DAY ONLY CAMPS:

- AL Samford University (Birmingham)
- AL Oakwood University (Huntsville)
- CA Stanford University (Palo Alto)
- CA University of California, Berkeley (Berkeley)
- CA Santa Clara University (Santa Clara)
- CA Claremont-Mckenna College (Claremont)
- CA Irvine Valley College (Irvine)
- CO University of Denver (Denver)

- CO Rocky Mountain Tennis Center (Boulder)
- DC Georgetown (Washington, DC)
- DE Sea Colony Beach Resort (Bethany Beach)
- FL University of Tampa (Tampa)
- GA The Landings Club (Savannah)
- ID Sun Valley Resort (Sun Valley)
- IL Northwestern University (Evanston)
- IL Edwardsville High School (Edwardsville)
- KS Wichita State University (Wichita)
- LA Tulane University (New Orleans)
- MA Massachusetts Institute of Technology (Cambridge)
- MA Middlesex School (Concord)
- MA Nashoba Brooks School (Concord)
- MA Martha's Vineyard (Martha's Vineyard)
- MD Morgan State University (Baltimore)
- NC Charlotte Latin Club (Charlotte)
- NC Cape Fear Academy (Wilmington)
- NM University of New Mexico (Albuquerque)
- NY Hardscrabble Club (Brewster)
- OH Laurel School (Shaker Heights)
- OR Lewis & Clark College (Portland)
- TN University of Memphis (Memphis)
- TX El Paso Tennis & Swim Club (El Paso)
- TX University of Houston (Houston)
- WA Seattle University (Seattle)
- WV Charleston Tennis Club (Charleston)
- WV West Virginia University (Morgantown)

*International Tennis & Language **Weekend stayover

For dates, prices & details visit USSportsCamps.com

NIKE ADULT TENNIS CAMPS:

NIKE TENNIS CAMPS ARE NOT JUST FOR KIDS!

Every year hundreds of adults attend one of our Nike Adult Tennis Camps, designed for players ages 18 and older of all skill levels. Our goal is to increase your knowledge of the game and move you to the next level without forcing you to make radical changes. With overnight and day camp options available, we tailor programs for men and women to address your specific needs with our low staff/student ratio. You receive daily on-court instruction in singles and doubles play from America's top coaches and tennis professionals.

ADULT CAMP PROGRAM

Saturday & Sunday | Daily Hours: 9:00am-4:00pm | Check in 30 min before first session. Check out immediately after last session. | Co-ed | Ages 18+ | Includes tennis program and lunch, unless otherwise specified

Program offerings vary by location. Visit USSportsCamps.com for specifics on each location.

"I had a great time at camp, after just one week I showed significant improvement in my game as well as CONFIDENCE in myself!"

ADULT CAMPS LOCATIONS

- CA Stanford University (Palo Alto)
- CA Pepperdine University (Malibu)
- CA The Beach & Tennis Club (Pebble Beach)
- CA University of California, Santa Cruz (Santa Cruz)
- CA Granlibakken Resort (Tahoe City)
- CA Soka University (Aliso Viejo)
- CA Claremont-Mckenna College (Claremont)
- CA University of San Diego (San Diego)
- DE Sea Colony Beach Resort (Bethany Beach)
- ID Sun Valley Resort (Sun Valley)
- IL Northwestern University (Evanston)
- IN Butler University (Indianapolis)
- MA Amherst College (Amherst)*
- MA Martha's Vineyard (Martha's Vineyard)
- NJ Lawrenceville School (Lawrenceville)
- OR Oregon State University (Corvallis)
- TN Lipscomb University (Nashville)
- TX University of North Texas (Denton)
- VA University of Virginia (Charlottesville)

*All Adult Camps are Day Camp programs, with the exception of Amherst College. Recommendations for local accommodations can be found at USSportsCamps.com

For dates, prices & details visit USSportsCamps.com





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For more information or to register:

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Visit ***www.USSportsCamps.com***

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