

**SUMMER  
2024**

# **NIKE HOCKEY CAMPS.**







# LEARN. TRAIN. PLAY.

Residential 1- or 2-week camps in July and August for boys and girls aged 10-17, run by former professionals at two leading schools in England.

The unique coaching programme is designed and led by former Australian player and international coach Todd Williams. Players can choose to focus entirely on developing their game on and off the pitch with the Total Hockey option or improve their English language skills alongside their hockey with the Hockey + English option.

Camps include an action-packed schedule and a diverse mix of nationalities, ensuring young players maximise their learning and gain a valuable cultural experience. Players leave with new skills, confidence and friends from around the globe.







# CONTENTS

<b>CAMP OPTIONS</b>	<b>04</b>
<b>COACHING</b>	<b>05</b>
<b>ENGLISH TEACHING</b>	<b>08</b>
<b>WORKSHOPS</b>	<b>09</b>
<b>THE VENUES</b>	<b>10</b>
<b>EXCURSIONS</b>	<b>13</b>
<b>LIFE ON CAMP</b>	<b>14</b>
<b>DATES + DETAILS</b>	<b>15</b>







# CAMP OPTIONS

Choose from either **TOTAL HOCKEY** or **HOCKEY + ENGLISH**.  
Both options are available as a 6- or 13-night camp.

## OPTION 1

### TOTAL HOCKEY

- Up to 24 hours a week of hockey coaching and game play
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

## OPTION 2

### HOCKEY + ENGLISH

- Up to 24 hours a week of hockey coaching and game play
- Up to 13 hours a week of English Language lessons using an accelerated model of English learning
- Suitable for all English language abilities

## ALL CAMPS INCLUDE



PRO HOCKEY  
COACHING



24/7  
SUPPORT STAFF



ON-SITE  
ACCOMMODATION



EXCLUSIVE NIKE  
GIFT PACK



SPORTS WORKSHOPS  
OR ENGLISH LESSONS



3 NUTRITIONALLY  
BALANCED MEALS A DAY



EXCURSIONS TO  
CITIES + LANDMARKS



COACHING REVIEW  
+ CERTIFICATE







# THE COACHING

## 360° HOCKEY

The coaching team combines recent and current international players and elite-level coaches. They create a high-intensity and fun training environment that motivates and inspires. Players are challenged on all aspects of their game in two daily training sessions focusing on a variety of technical and 3D skills, matchplay situations and athlete development.

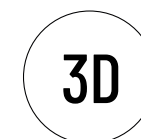
## RAISE YOUR GAME

Coaches share their own experiences about what it takes to raise your game to the highest level. They equip players with a better understanding of the game and how to continue to progress at home. Fitness and conditioning drills are used to improve footwork, balance and speed.

## ON THE PITCH



**TECHNIQUE**



**SKILL DEVELOPMENT**



**FITNESS**



**TACTICS**



**MATCH PLAY**





# MEET THE HOCKEY DIRECTOR



## **TODD WILLIAMS**

Todd is a former Australian international hockey player. Since moving to the UK, he's forged an extremely successful coaching career with Oxford Hawks HC, Hampstead & Westminster HC, Slough Ladies and Surbiton HC. He has also worked on an international level with France, Ireland, and most recently with Great Britain's women's team.

His coaching philosophy is based on improving players in order to make better teams. No matter what their level or age may be, he is able to give players a clear picture of how to progress.

### **TRAIN LIKE A PRO**

An international player will join Todd each week to teach a coaching masterclass and inspire young players. Through this masterclass, players gain a new perspective on the skills and mindset they need to master to compete at the highest level.



**IT'S ALL ABOUT  
PLAYERS LEARNING  
3D SKILLS,  
GAINING CONFIDENCE  
AND BEING BRAVE  
ENOUGH TO TAKE  
RISKS ON THE BALL.**

**– TODD WILLIAMS, HOCKEY DIRECTOR**



# TAKING PASSION FOR SPORT INTO THE CLASSROOM



## ENGLISH TEACHING

### WHAT TO EXPECT




Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

### HOW IT WORKS

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

### WHAT'S INCLUDED

-  UP TO 13 HOURS OF ENGLISH LESSONS PER WEEK
-  1:12 TEACHER TO STUDENT RATIO (AVERAGE)
-  INDIVIDUAL REPORT TO TAKE HOME







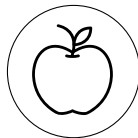
# WORKSHOPS

## WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops and recovery activities throughout the camp. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed on and off the pitch. Recovery exercises, such as yoga, help players manage the workload of training twice a day.



## WORKSHOP EXAMPLES



### NUTRITION

WHY WHAT YOU EAT AND DRINK MATTERS



### DIVERSITY & INCLUSION

LEVELLING THE PLAYING FIELD AND EMBRACING DIVERSITY



### ELITE PERFORMANCE

WHAT IT TAKES TO PERFORM AT THE HIGHEST LEVEL



### YOGA

INJURY PREVENTION AND INCREASING FLEXIBILITY



### WELLNESS

UNDERSTANDING PHYSICAL AND MENTAL HEALTHY HABITS



ELEVATE  
YOUR  
GAME  
OFF  
THE  
PITCH







# THE VENUES

Choose from two world-class camp venues, depending on dates.

## BRADFIELD COLLEGE READING

1 JULY – 7 JULY 2024

BRADFIELD COLLEGE  
• LONDON  
HEATHROW AIRPORT (LHR)  
GATWICK AIRPORT (LGW)



## RADLEY COLLEGE OXFORD

8 JULY – 18 AUGUST 2024

• OXFORD  
RADLEY COLLEGE  
• LONDON  
HEATHROW AIRPORT (LHR)  
GATWICK AIRPORT (LGW)







# THE VENUES

Nike Hockey Camps are based at two impressive English private schools, each set in many acres of beautiful countryside between Oxford and London. Both schools have a host of historic buildings alongside impressive modern hockey facilities and are an inspiring setting for learning and developing sporting talent.

Camps are primarily based at Radley College for 2024, for 6 weeks from 8th July - 18th August. Players joining in the first week of the summer, from 1st - 7th July, will be based at nearby Bradfield College, with those continuing for a second week moving to Radley College on 8th July.

#### SUITABLE FOR

- Boys and girls aged 11-17
- All hockey abilities

**INTERNATIONALLY  
RENOWNED  
PRIVATE  
SCHOOLS  
NEAR OXFORD  
AND LONDON**







# THE VENUES DETAILS

## ACCOMMODATION

### BRADFIELD

Mix of single and shared bedrooms

### RADLEY

Mostly single rooms with shared bathrooms

## TRANSFERS

We offer an airport shuttle service from the following airports:

### BRADFIELD

- London Heathrow Airport (LHR) 32 miles / 51km
- London Gatwick Airport (LGW) 60 miles / 96km

### RADLEY

- London Heathrow Airport (LHR) 44 miles / 70km
- London Gatwick Airport (LGW) 77 miles / 125km

## FACILITIES

- Hybrid Astro hockey pitches
- Tartan athletics track
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop

## EXCURSIONS

### ALL CAMPS

- Theme Park or
- Oxford Tour

### 13-NIGHT CAMPS ONLY

- London Experience



# 2024 CAMP DATES

## 6-NIGHT CAMPS MONDAY – SUNDAY

### BRADFIELD

- 01 Jul – 07 Jul \*

### RADLEY

- 08 Jul – 14 Jul
- 15 Jul – 21 Jul
- 22 Jul – 28 Jul
- 29 Jul – 04 Aug
- 05 Aug – 11 Aug
- 12 Aug – 18 Aug

## 13-NIGHT CAMPS MONDAY – SUNDAY

### BRADFIELD > RADLEY

- 01 Jul – 14 Jul \*\*

### RADLEY

- 08 Jul – 21 Jul
- 15 Jul – 28 Jul
- 22 Jul – 04 Aug
- 29 Jul – 11 Aug
- 05 Aug – 18 Aug

\* Camp takes place at Bradfield College

\*\* First week at Bradfield College,  
second week at Radley College





The background is a solid light blue color. It features several faint, thin-lined abstract shapes: a large circle on the left, a large circle on the right, and a curved line at the bottom. A white hockey stick is positioned diagonally across the bottom right corner.

**MY KIDS HAD  
A GREAT TIME  
AT CAMP.  
THEY WERE COACHED  
BY AN OLYMPIC  
GOLD MEDALLIST,  
AND EVEN  
HELD THE MEDAL!**

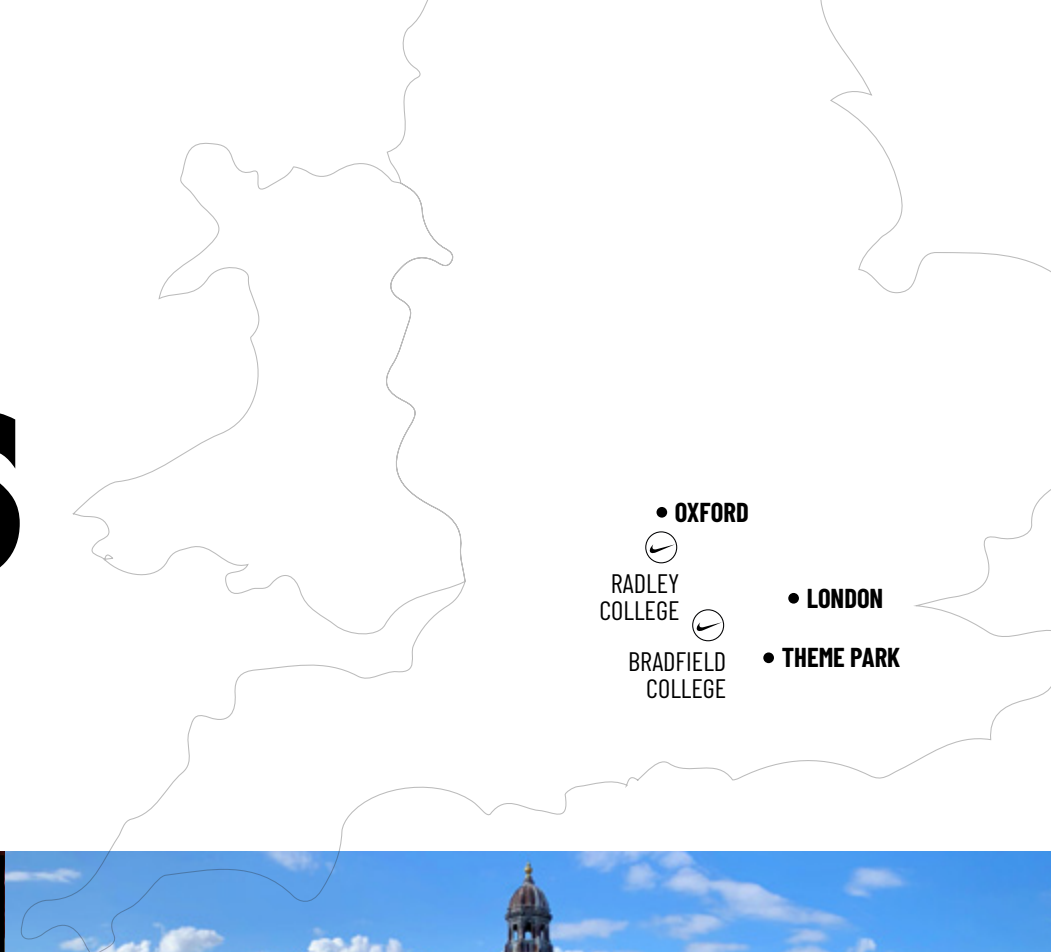
**– PARENT, HOCKEY CAMP 2023**





# CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.



## THEME PARK

There's something for everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.



## OXFORD TOUR

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.



## LONDON EXPERIENCE

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.







# LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Here are some useful insights about life on camp and how players are looked after.

## ACCOMMODATION

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses. All houses have a communal players' lounge for relaxing during downtime. Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

## DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

## WELFARE STAFF

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.




## MEDICAL AND INJURY

A nurse is available each day to monitor illness, medical conditions and dispensation of medication. Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.






## A TYPICAL DAY


### MORNING

-  BREAKFAST
-  MORNING MEETING
-  HOCKEY COACHING

### AFTERNOON

-  LUNCH
-  ENGLISH OR WORKSHOPS
-  RECOVERY + WELLNESS

### EVENING

-  DINNER
-  HOCKEY COACHING
-  RELAX + LIGHTS OUT







# DATES + DETAILS

## VENUES

- Bradfield College, Reading
- Radley College, Oxford

## AVAILABLE CAMPS

### TOTAL HOCKEY

- Up to 24 hrs of hockey a week
- Up to 8 hrs of workshops a week

### HOCKEY+ENGLISH

- Up to 24 hrs of hockey a week
- Up to 13 hrs of English a week

## DESIGNED FOR

- Boys and girls aged 11-17
- All hockey abilities

## EXCURSIONS

- Oxford Tour (weeks with \*)
- Theme Park Experience (weeks without \*)
- London (13-night camps only)

## BRADFIELD COLLEGE CAMP DATES

### 6-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 07 Jul \*

### 13-NIGHT CAMPS MONDAY - SUNDAY

- 01 Jul - 14 Jul †

† First week at Bradfield College,  
second week at Radley College

## RADLEY COLLEGE CAMP DATES

### 6-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 14 Jul \*
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### 13-NIGHT CAMPS MONDAY - SUNDAY

- 08 Jul - 21 Jul
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- 05 Aug - 18 Aug







# BOOK A HOCKEY CAMP TODAY.

**VISIT**

[eurosportscamps.com](https://eurosportscamps.com)

**CALL**

+44 (0) 203 889 6236

**EMAIL**

[info@eurosportscamps.com](mailto:info@eurosportscamps.com)



Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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