



NIKEFOOTBALLCAMPS



FOUNDATION

SENIOR TOTAL FOOTBALL. 6 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST						
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE Excursion	DEPARTURE
AFTERNOON	LUNCH						
	Football INTRO	Recovery SESSION Football WORKSHOP	Football WORKSHOP	Recovery SESSION Football WORKSHOP			
		Free Time	Free Time	Free Time			
DINNER							
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	CELEBRATION	Skills Challenge FINAL	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change